

## ***Plated Luncheons***

*All Luncheons include Soup or Salad, Chef's Selection of Starch and Vegetables, Fresh Rolls and Butter, Dessert, Fresh Brewed Coffee, Decaf Coffee, and a Selection of Herbal Teas*

### ***Starters***

#### ***Soup***

*Southern Black Bean  
With Sour Cream & Diced Red  
Onion*

*Ruskin Tomato, Basil &  
Spinach Bisque  
With Crème Fraiche*

*Wisconsin Beer Cheese  
With Broccoli & Cheddar*

*Tuscan Minestrone  
With Penne and Vegetables*

*Southwest Chicken Tortilla  
With Cilantro and Grated Jalapeno  
Jack*

*Cream of Mushroom & Leek  
With a Dollop of Whipped Cream*

*Chilled Strawberry Soup*

*Chilled Vichyssoise*

*Chilled Mango & Peach*

*Golden Tomato Gazpacho  
With avocado Crème Fraiche*

*Florida Lobster Bisque  
With Crème Fraiche*

*Pot Sticker Soup  
With Lemongrass & Asian  
Vegetables*

*Crab & Corn Chowder  
With Chive Cream*

*Asian Beef & Vegetable  
With Glass Noodles*

*Key West Conch Chowder  
Laced with Island Rum*

### ***Salads***

#### ***Harvest Garden Salad***

*With a medley of greens, carrot, tomato, and cucumber, choice of dressing*

*Caesar Salad  
Classic Caesar Dressing and Asiago  
Cheese*

*Antigua Cove  
Mixed Baby Greens with cilantro,  
gorgonzola cheese, pears, candied  
walnut with Mango balsamic  
vinaigrette*

*Tomato Basil Salad  
With Buffalo Mozzarella, Bermuda  
Onion, and Basil Vinaigrette*

## **Chilled Luncheons**

### *Broadway Deli Platter*

*Includes Ham, Turkey, Roast Beef, Salami, and Assorted Cheeses, served with Three Potato Salad, and appropriate Condiments*

### *Turkey Hoagie*

*Turkey Breast, Baby Greens, Provolone Cheese, Tomato, Bacon, and Parmesan Ranch on a Whole Wheat or Ciabatta Hoagie*

### *Cuban Sandwich*

*Roast pork loin, Ham, Swiss Cheese, Sliced Pickles, and Créole Mustard mayo on Cuban Bread*

### *Seafood Salad on Croissant*

*A blend of Baby Shrimp, Crab, Smoked Marlin, Celery, and Tarragon Mayonnaise. Served with Pesto Pasta Salad*

### *Florida Cobb Salad*

*Iceberg Lettuce, Bacon, Tomato, Cucumber, Baby Shrimp, Turkey, and Ham with Orange Sherry Vinaigrette*

### *Citrus Chicken Salad on Croissant*

*Tender Breast of Chicken blended with Dried Tropical Fruits, Celery, and Citrus Mayonnaise. Served with Poppy Seed Cole Slaw*

### *Grilled Chicken Pesto Caesar*

*Grilled Pesto Chicken tossed with Romaine, Caesar Dressing, and Asiago Cheese. Served with Garlic Bread Sticks*

### *Smoked Seafood Salad*

*Smoked marlin blended with Baby Shrimp, Crab, and Celery tossed in a Tarragon Mayonnaise. Served in a Tomato Crown Hard Boiled Egg, White Asparagus Spears, and Olives. Served with Banana Bread*

### *Fire-Roasted Vegetable Salad*

*Grilled eggplant, zucchini, squash, fennel, red peppers, green chilies, with a cilantro and ancho chili vinaigrette. Served with Banana Bread*

### *Asian Tuna Salad*

*Seared Ahi Tuna over Baby Field Greens, with Pea Sprouts, Snap Peas, Bok Choy, Carrots, Cucumber, Straw Mushrooms. Served with Sesame Vinaigrette*

### *Chilled Tenderloin Salad*

*Chilled Roast Tenderloin Sliced over Baby Field Greens with Artichoke Hearts, White Asparagus Spears, Cucumber, and Mushrooms. Served with Tomato Balsamic Vinaigrette*

### *Spa Chicken Salad*

*Grilled Breast of Chicken over Baby Greens, with Pea Sprouts, Carrots, Cucumber Ribbons, Snap Peas, Mango, Sesame Ginger Vinaigrette*

## **Luncheon Desserts**

### *Grilled Strawberry Short Cake*

*Grilled Pound Cake topped with Sweet Strawberries, Cinnamon Whipped Cream, and Crumbled Praline*

### *Pies*

*Apple Caramel  
Pecan Bourbon  
Lemon Meringue*

### *Coconut Key Lime Pie*

*Strawberry Cheesecake*

### *Cakes*

*Carrot Cake  
Chocolate Cake  
Coconut Cake*

## ***Hot Luncheons***

*Teriyaki Tenderloin Skewer  
Over Wok-Seared Vegetables*

*New York Grille  
8oz cut New York over Grilled  
Focaccia, with Burgundy Mushroom  
Sauce*

*London Broil  
Mesquite-Grilled and Topped with  
Cabernet Mushroom Demi*

*Montego Bay Chicken  
Jerk seasoned and flame grilled with  
Mango Papaya Salsa*

*Prosciutto Chicken  
Stuffed with Smoked Gouda in a  
Sage & Asiago Beurre Blanc*

*Bahia Beach Chicken  
Sautéed breast of Chicken with a  
Baby Shrimp and Basil Cream*

*Pan-seared Florida Grouper  
Roasted Yellow Pepper Cream*

*New Orleans's  
Blackened Grouper  
Pepper pan Butter Sauce*

*Pan-Seared Grouper &  
Mango Ginger Shrimp  
With Pineapple Parrot bay Butter*

*Caribbean-Seared Tuna  
Spiced Rum and Mango Salsa*

*Maple Pepper Salmon  
Bacon Shallot Butter*

*Grilled Mahi Mahi  
With Citrus Basil Beurre Blanc*

*Pasta Primavera  
Ziti Pasta topped with Fresh  
Sautéed Vegetables, Herbs and a  
Creamy Alfredo Sauce*

*Meat or Vegetable Lasagna  
Marinara Sauce*

*Chicken Fettuccini Alfredo  
Strips of Grilled Chicken tossed with  
Fettuccini, Ribbons of Prosciutto,  
Basil, and Alfredo Sauce*

*Roast New York Sirloin  
English Cut with Madeira Wine  
Demi*

*Pesto-Seared Roast  
Tenderloin  
With Roasted Garlic Demi*

## ***Boxed Luncheons***

*The Mariner  
Ham, Turkey, Roast Beef, Salami,  
and Cheddar Cheese on Ciabatta,  
served with Three Potato Salad, and  
appropriate Condiments*

*The Angler  
Roast pork loin, Ham, Swiss Cheese,  
Sliced Pickles, and Créole Mustard  
mayo on Cuban Bread*

*Captain's Lunch  
Turkey Breast, Baby Greens,  
Provolone Cheese, Tomato, Bacon,  
and Parmesan Ranch on a Whole  
Wheat or Ciabatta Hoagie*

*The Schooner  
A blend of Baby Shrimp, Crab,  
Smoked Marlin, Celery, and  
Tarragon Mayonnaise. Served with  
Pesto Pasta Salad*

*Yachtsman's  
Seared Ahi Tuna over Baby Field  
Greens, with Pea Sprouts, Snap  
Peas, Bok Choy, Carrots, Cucumber,  
Straw Mushrooms. Served with  
Sesame Vinaigrette*

*Pontoon  
Tender Breast of Chicken blended  
with Dried Tropical Fruits, Celery,  
and Citrus Mayonnaise. Served with  
Poppy Seed Cole Slaw*

## ***Luncheon Buffets***

### ***Picnic***

*Tossed Garden Salad  
With Choice of Two Dressings  
Pasta Salad, Cole Slaw, Three Potato Salad  
Relish and Vegetable Tray  
**From The Grill**  
(Chef Required)  
Jumbo Hot Dogs  
Half Pound Hamburgers  
Grilled Chicken Breasts  
Baked Beans  
Roles, Buns and Condiments including:  
Sliced Onion, Lettuce, Tomato  
Assorted Jumbo Cookies*

### ***South Beach Subway***

*Tossed Garden Salad  
Pasta Salad, Cole Slaw  
Fresh Fruit Salad  
**Build Your Own Sub Sandwich**  
Sliced Ham, Salami, Turkey, Cheese, Tomatoes,  
Pickles, Onions, Lettuce, and Condiments  
Chicken Strips with peppers & Onions  
Meatballs in Marinara Sauce  
Pork Philly With Beer Cheese Sauce  
Ciabatta Bread and Focaccia Buns  
Homemade Potato Chips  
with Blue Cheese & Leek  
Baklava  
Cheesecake*

### ***South of the Border***

*Mixed Garden Salad with Southwest Vinaigrette  
Corn & Black Bean Salad  
**Build Your Own Burrito**  
Marinated Chicken and Beef Strips  
Accompanied by:  
Flour Tortillas, Shredded Cheese, Diced Onions,  
Shredded Lettuce, Diced Tomato, Sour Cream,  
Guacamole, and Salsa  
Chimichangas  
(Add Chili Rellanos 2.00 per person)  
Mexican Rice and Refried Beans  
Jalapeno Corn Bread  
Corn Tortilla Chips  
Fresh Sliced Fruit  
Tres Leche  
Kahlua Flan*

### ***Parrot Head Buffet***

*Conch Chowder  
Grilled Shrimp Salad over Tossed Greens  
Son of a Sailor Salad:  
Chicken, Ham, Pepper Jack, Bermuda Onion,  
and Tomato  
Blackened Tuna Caesar  
Asian Slaw  
Cajun Fettuccini with Crawfish, Shrimp, and  
Andouille  
Fried Catfish wit Creole Tartar Sauce  
Hot Jamaican Jerk Chicken  
Havana Black Beans & Cuban Yellow Rice  
Corn Bread and Texas Toast  
Bread Pudding  
Baby Bananas in Caramel Rum Sauce  
Key Lime Pie with Whipped Cream*

## ***Luncheon Buffets***

### ***Butcher Block***

*(Not recommended for Outdoor Functions)*  
*Homemade Soup with Assorted Crackers*  
*Tossed Garden Salad*  
*Fruit Salad*  
*Cole Slaw, Stuffed Baked Potato Salad*  
*Tuna Salad, Relish Tray*  
***Make Your Sandwich***  
*Cold Sliced Turkey, Roast Beef, Ham, Salami*  
*Swiss and Cheddar Cheese*  
*Accompanied by Sliced tomatoes, Shredded*  
*Lettuce, and Pickles*  
*Assorted Breads and Rolls*  
*Mayonnaise and Mustard*  
*Homemade Potato Chips*  
*Assorted Cakes and Dessert Bars*

### ***Bayside***

*Ruskin Tomato Salad*  
*Antipasto Salad with Artichoke Hearts, Greek*  
*Olives, Mushrooms, Cheese, Salami, Peppers,*  
*Onions, and Basil*  
*Rotelli Pasta Salad with Broccoli and Cheddar*  
*Three Potato Salad*  
***A Variety of Sandwiches and Wraps***  
*Thai Chicken Wrap*  
*Cranberry Turkey Wrap*  
*Smoked Marlin Salad on Croissant*  
*Tropical Chicken Salad on Croissant*  
*Ham & Swiss on Caibatta*  
*Grilled Vegetable Wrap*  
*Assorted Condiments*  
*Dessert Bars, Carrot and Coconut Cake*

### ***All American***

*Tossed Garden Salad*  
*With Assorted Dressings*  
*Tomato Cucumber Salad*  
*Three Potato Salad*  
*Cole Slaw*  
*Pesto Pasta Salad*  
*Fried Catfish*  
*Southern Fried Chicken*  
*Barbeque Ribs*  
*Ranch Beans*  
*Corn-on-the-Cob*  
*Assorted Breads and Butter*  
*Carmel Apple Pie and Cherry Cheesecake*

### ***Florida Garden***

*Herb Garden Vegetable Soup*  
***Salad Bar***  
*Pasta Salad, Cole Slaw, Three-Potato Salad*  
*Fresh Fruit Salad*  
*Seasonal Field Greens accompanied by:*  
*Tomatoes, Cucumbers, Mushrooms, Shredded*  
*Jack and Cheddar Cheese, Olives, Bacon Bits,*  
*Sprouts, Carrots and Assorted Dressings.*  
*Garden Rice and Baby Shrimp Salad*  
*Roasted Chicken Waldorf Salad*  
*Assorted Breads and Rolls*  
***Mashed Potato Bar***  
*With Sour Cream, Bacon Bits, Shredded*  
*Cheeses, and Scallions*  
*Zucchini Bread*  
*Strawberry Pound Cake*  
*Carrot Cake*

## ***Luncheon Buffets***

### ***Little Italy***

*Minestrone Soup with Assorted Crackers*  
*Garlic Bread*  
***Antipasto Salad Bar***  
*Salami, Mozzarella Cheese, Greek Olives*  
*Marinated Vegetables, Tear Drop Tomatoes*  
*Assorted Lettuces*  
*Tomato Basil Vinaigrette*  
*Pesto Pasta Salad*  
*Caesar Salad*  
*Meat or Vegetable Lasagna*  
*Tuscan Chicken Marinara*  
*Italian Sausage, Peppers and Onions*  
*Tortellini Alfredo*  
*Sauteed Mediterranean Vegetables*  
*Fruit and Chocolate Chip Cannolis*  
*Italian Rum Cake*

### ***Taste of Asia***

*Hot & Sour Wonton Soup*  
***Asian Salad Bar***  
*To Include:*  
*Bamboo Shoots, Bean Sprouts, Straw*  
*Mushrooms, Baby Corn, Crispy Noodles*  
*Snap Peas, Field Greens*  
*Sesame Ginger Dressing*  
*Spicy Slaw*  
*Chinese Beef and Pepper Salad*  
*Thai Chicken Stir-fry*  
*(not a station)*  
*Egg Rolls with Sweet & Sour Sauce*  
*Beef & Broccoli with Cashews*  
*Steamed Rice*  
*Wok-Seared Vegetables*  
*Fresh Melons in Ginger Sauce*  
*Custard Pie with Coconut*

### ***NY Deli***

*Chicken Matzah Ball Soup*  
*Lavash Crackers*  
*Tossed Garden Salad*  
*Assorted Dressings*  
*Potato Salad, Vegetable Salad, Macaroni Salad*  
*Meat & Vegetable Pizza*  
*Selection of Sliced Deli Meats and Cheeses*  
*Condiments, Relish Tray*  
*Grilled Zucchini, Prosciutto, and Mozzarella on Ciabatta*  
*Homemade Potato Chips Philly Cheese Fondue*  
*Assorted Breads and Rolls*  
*Fresh Whole Fruit*  
*Assorted Cookies and Brownies*

## ***Luncheon Buffets***

### ***Harbor Express***

*Soup De Jour*  
*Tossed Garden Salad with Choice of Dressing*  
*Beef and Tomato Salad*  
*Grilled Zucchini Salad*  
*Tropical Fruit Salad*  
*A Variety of Pre-made Sandwiches to include:*  
*Honey Baked Ham and Brie*  
*Smoked Turkey and Herb Boursin*  
*Roast Beef, Cheddar on Onion*  
*Smoked Marlin Salad on Croissant*  
*Homemade Potato Chips*  
*Assorted Condiments and Relish Tray*  
*Strawberry Pound Cake*  
*Assorted Fresh Cookies*

### ***Create Your Own***

*Soup De Jour*  
*Tossed Garden Salad with Choice of Dressing*  
*Israeli Cous Cous Salad*  
*Tabouli Salad*  
*Raviolini with Salsa*  
***Choice of Two Entrees***  
*Roast Pork Loin with Mushroom Sauce*  
*Grilled Grouper, Tomato Caper Sauce*  
*Mango Chicken*  
*Teriyaki Beef Tips*  
*Meat or Vegetable Lasagna*  
*Chef Selection of Starch and Vegetables*  
*Rolls and Butter*  
*Chef's Selection of Desserts*  
*Fresh Melons in Ginger Sauce*  
*Custard Pie with Coconut*

